



**Gokhale Education Society's  
SIR DR. M. S. GOSAVI COLLEGE OF  
PHYSIOTHERAPY**



**& HEALTH CARE MANAGEMENT, NASHIK**

MSG Center for Excellence, Prin. T. A. Kulkarni Vidyanagar, Near Jogging Track Krushinagar,  
Nashik- 5.

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**International Day of YOGA - 2024**

1.	Name of the activity	Yoga Day Celebration
2.	Nature of the activity	Yoga
3.	Organizing department/s	Not Applicable
4.	Name of the Event in-charge	Dr. Shraddha Kothawale, Dr. Rujuta Deodhar
5.	Date & Time	21 <sup>st</sup> June, 2024 at 9am-10:30 am
6.	Venue / Place	2 <sup>nd</sup> Floor, GES Auditorium Nursing, Krushinagar Campus
7.	E mail / Circular / Notification about the event (mentioning Date, time, venue, guest, speaker, faculty etc.)	Attached
8.	Pamphlet (if any)	Not Applicable
9.	Total number of participants/beneficiaries	45
10.	Attendance (if applicable)	Attached
11.	Faculty involved	No
12.	Coloured geo-tagged photos (2 to 4)	Attached
13.	Brief summary of the event in around 100 words (purpose, conduct, feedback, impact, suggestions)	GES's Sir Dr. M.S. Gosavi College of Physiotherapy conducted Yoga Day celebration with collaboration with GES's Nursing and Commerce college on 21 <sup>st</sup> June 2024. Instructor Vrushali Tidke demonstrated few "Yoga Asana" to students followed by Relaxation techniques. The program concluded with lecture on "Healthy lifestyle" by the instructor and Yoga Oath followed by National Anthem.



*[Signature]*  
22/06/2024  
1/8 Principal  
G. E. Society's  
Sir Dr. M.S.Gosavi COPT & HCM, Nashik